

WILD FRONTIERS
EXPLORE *dream* DISCOVER

HIKE, CLIMB & TREK :
ACTIVE UGANDA
7 day private safari



HIKE, CLIMB & TREK UGANDA

6 night/7 day active Southern Uganda package

This exciting new offering from Wild Frontiers is aimed at those fit and active travellers who want to experience the best of Southern Uganda “up close and personal”. Climb the volcano that is Mt. Gahinga, explore ancient Batwa trails, cross through the Bwindi Impenetrable Forest on foot, and trek endangered Mountain Gorillas in Bwindi.

It's a fantastic way to immerse yourself in the fauna and flora of this East African gem, whilst experiencing one of the greatest wildlife encounters on the planet – coming face to face with a mountain gorilla.



WILD FRONTIERS
travel AFRICA

TANZANIA | UGANDA | KENYA | RWANDA | ZAMBIA | BOTSWANA | NAMIBIA | ETHIOPIA
KILIMANJARO MARATHON | VICTORIA FALLS MARATHON

For tailor made or scheduled tour requests, contact Wild Frontiers: www.wildfrontiers.com
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QUICK REFERENCE ITINERARY

	Activity & Accommodation option	Meal Plan	Notes
Day 1	Transfer from Entebbe to Hotel No.5 for overnight.	Breakfast	
Day 2	Depart after breakfast for a full day's drive to Kisoro region in Southern Uganda. Picnic lunch en-route. Overnight at Lake Chahafi Resort.	Full board	Drive +-9 hours
Day 3	Mt Gahinga Volcano climb. Overnight at Lake Chahafi Resort.	Full board	Volcano Climb
Day 4	Batwa trail. Overnight at Lake Chahafi Resort.	Full board	Hike
Day 5	Nkuringa Trail to Bwindi. Overnight at Buhoma Lodge.	Full board	Hike
Day 6	Gorilla trek. Overnight Buhoma Lodge.	Full board	Gorilla trek
Day 7	Flight from Kihikihi to Entebbe. End of services	Breakfast	END

DETAILED ITINERARY

DAY ONE

On arrival at Entebbe International Airport you will be met by a Wild Frontiers representative and transferred to Hotel No.5

Set on the shores of Lake Victoria, Entebbe is a small town that is easy to explore on foot or local *boda bodas* (motorbike taxis).

Enjoy an afternoon motorised canoe boat cruise of Mabamba Swamp, a large wetland that is a favourable habitat for 260 recorded species of bird, making it a popular location for birders who may just spot the intriguing Shoebill – a rare sight indeed! The trip takes around 3-4 hours.

Nestled in the leafy suburbs of Entebbe, Hotel No.5 is a stylish boutique hotel. From the moment you arrive, you are warmly welcomed and cared for. Make yourself at home – unwind beside the swimming pool, pamper yourself with a spa treatment, or work up a sweat in the hotel gym.

For one of the most flavoursome dining experiences in Entebbe, carefully planned menus are paired to an international wine list, and served with pride. Attention to detail and an attentive guest experience are synonymous with Hotel No 5, making it the perfect choice for a restful stay in this bustling city.

Overnight at **Hotel No.5** (www.hotelnumber5.com), with breakfast included.



DAY TWO

You will be collected after breakfast by your guide for your full day's drive to Kisoro in Southern Uganda. The drive is approximately 9 hours with a stop for a picnic lunch en route.



Lake Chahafi Resort is a simple, no frills lodge set in picturesque surroundings with stunning views over the lake and distant volcanoes. With just 8 spacious chalets, a well-stocked bar and a restaurant serving delicious meals, guests will delight in the super friendly service found here. While promising nothing fancy, it's a comfortable, affordable stay, with beautiful sunrises and sunsets, and is well located for those looking to explore Mgahinga National Park.

Overnight at Lake Chahafi Resort, on a full board basis

DAY THREE

Mgahinga Gorilla National Park is Uganda's smallest national park, and was established to protect endangered mountain gorillas and golden monkeys that inhabit its dense forests. Mgahinga's most striking features are its three extinct Volcanoes that dominate the landscape, and the forest holds a great cultural significance for the indigenous Batwa Pygmies.

Tackle Mt. Gahinga today - at 3,474m, it's the smallest of the Virunga volcanoes. This climb takes around six hours in total including ascent and descent. Mt Gahinga is topped by a swamp-filled crater and giant lobelia. Lucky climbers may spot golden monkeys on their climb through the bamboo forest.

Overnight at Lake Chahafi Resort, on a full board basis

DAY FOUR

Head out today on the intriguing **Batwa Trail**.



The dense forest at the foot of the Virunga Volcanoes was once home to the Batwa people: hunter-gatherers and fierce warriors who depended on the forest for shelter, food and medicine thanks to ancient knowledge passed down through many generations. Step back in time to see how the Batwa lived and hunted for millennia in Mgahinga. Share a traditional meal, listen to ancient legends and traditional songs, and join in on a mock hunting party. You can even test your skill with a Batwa bow and arrow.

The funds from this tour are part of a give back program that supports the indigenous people's cultural heritage by helping them purchase new land, provide education and books.

Overnight at Lake Chahafi Resort, on a full board basis

DAY FIVE

The Bwindi Impenetrable National Park's mist-covered hillsides are blanketed by one of Uganda's oldest and most biologically diverse rainforest, which dates back over 25,000 years and contains almost 400 species of plants. This "impenetrable forest" also protects an estimated 400 mountain gorillas - including several habituated families. This biologically diverse region also provides shelter to a further 120 species of mammal, including several primate species such as baboons and chimpanzees, as well as elephants and antelopes. There are around 350 species of birds hosted in this forest, including 23 Albertine Rift endemics.

The **Nkuringo – Buhoma walking trail** is a wonderfully immersive way of travelling from the Southern to Northern sectors of Bwindi Impenetrable Forest. While your driver heads off on a long windy road with your luggage to your next stop, Buhoma Lodge, explore this primal forest on a 3-4 hour trail cutting right across the park.

Set within the National Park and just steps away from the Gorilla Trekking headquarters, Buhoma Lodge offers cosy accommodation in wooden chalets with uninterrupted views of the pristine rain forest canopy. Renowned for its warm welcome and attentive service, Buhoma is an eco-friendly lodge operating on solar power, and has been constructed using sustainable local materials. Each of the ten wooden chalets has a private verandah and enormous windows, giving spectacular views. Awaken to chattering forest birds, and watch out for the occasional mountain gorilla that has ventured right in to visit the lodge.

Overnight at **Buhoma Lodge** with all meals and local drinks included www.ugandaexclusivecamps.com



DAY SIX

Gorilla Tracking - Bwindi Impenetrable Forest National Park

Few words can describe the thrill of today's lifetime experience! Coming face to face with mountain gorillas is a rare wildlife encounter that is exhilarating, humbling and enthralling. Experienced guides and trackers will accompany your party on an early morning trek into the dense rain forest on the steep mountain slopes. Please note that gorilla tracking is strenuous with treks ranging from 45 minutes and up to eight hours, at high altitudes in hot African conditions.

The thrill of the hour you spend quietly observing these gentle giants once you find them is so worth the trek! Although mountain gorillas are wild animals and sightings cannot be guaranteed, viewing success rates are over 95%.



Head back to Buhoma Lodge for a complimentary massage after your trek, or explore the surrounding Bwindi community.

Overnight at **Buhoma Lodge** with all meals and local drinks included.

DAY SEVEN

Transfer after breakfast to Kihiki airstrip, about 90 minutes from Buhoma Lodge, for your light aircraft scheduled flight to Entebbe.

Approximate flying time: 90 minutes

End of services

PACKAGE PRICE:

CLIMB, HIKE & TREK UGANDA RACK RATES	Feb 2019	Mar 2019	Apr/ May 2019 LOW SEASON	Jun 2019
6 guests per person sharing	USD 2540	USD 2315	USD 2245	USD 2390
4 guests per person sharing	USD 2825	USD 2575	USD 2505	USD 2650
2 guests per person sharing	USD 3605	USD 3330	USD 3265	USD 3410
Single room supplement	USD 545	USD 435	USD 385	USD 510
Gorilla permits excluded	USD 600	USD 600	USD 600	USD 600

CLIMB, HIKE & TREK UGANDA RACK RATES	Jul, Aug, Sep HIGH SEASON	Oct 2019	Nov 2019	Dec 2019 HIGH SEASON
6 guests per person sharing	USD 2740	USD 2635	USD 2515	USD 2740
4 guests per person sharing	USD 3020	USD 2915	USD 2775	USD 3020
2 guests per person sharing	USD 3800	USD 3695	USD 3535	USD 3800
Single room supplement	USD 610	USD 575	USD 525	USD 610
Gorilla permits excluded	USD 600	USD 600	USD 600	USD 600

**Please note: The scheduled flight Kihiki – Entebbe has been included in the above price. Please check at time of booking whether the flight price has increased in which case a surcharge will apply. A 15 kg luggage restriction applies to each passenger.*

PACKAGE INCLUDES:

- Airport transfer from Entebbe International to Hotel No. 5
- 1 night accommodation at Hotel No. 5 in Entebbe including breakfast
- Transport in our specially adapted safari vehicles with English speaking local driver/guide
- Bottled water in safari vehicle
- 3 nights accommodation at Lake Chahafi Lodge on a full board basis
- Mgahinga Volcano Climb
- Batwa Trail
- Nkuringo Forest walk from Nkuringo to Bwindi
- 2 nights accommodation at Buhoma Lodge on a full board basis including 3 meals daily and local drinks
- Scheduled charter flight from Kihiki to Entebbe in a light aircraft (15 kg luggage restriction)
- Full liability insurance cover and 24 hour emergency contact

PACKAGE EXCLUDES:

- **Gorilla Permit USD 600 per person for the first permit (USD 670 per additional permit)**
- All international flights and airport taxes
- Personal expenses such as porters, drinks, tips, visas and travel insurance
- Services/activities/meals not included above

OPTIONAL UPGRADES:

- We have quoted on a lead in, standard accommodation option in Kisoro, however there are many other accommodation options from budget to luxury.
- There is also an option to FLY from Entebbe to Kisoro, avoiding a full days drive.
- We can tailor make your package to suit your exact requirements

Please contact us for a quotation should you prefer to amend this itinerary in any way.

HEALTH REQUIREMENTS:

Yellow fever inoculation is compulsory and malaria prophylactics are recommended. For gorilla trekking it is imperative that you are healthy and free of any disease or virus – officials do have the right to refuse entry if you are found to have or show any signs of communicable illnesses. Should you opt to spend time participating in any UWEC Wildlife Integration programme, you may require additional inoculations and health clearances.

VISA REQUIREMENTS:

Most nationalities require a visa to enter Uganda. All visitors who require a visa should apply through the online application system prior to arrival at <https://visas.immigration.go.ug>. Cost is USD 50, single entry. Passports must be valid for a minimum of 6 months after return date of travel, or 12 months in the case of UK nationals, and have at least 3 blank pages in it. The newly established EAC Visa allows entry into Uganda, Rwanda and Kenya for one fee of USD100 – handy if you are visiting all three regions.

TRAVEL INSURANCE: Is compulsory for all guests travelling with Wild Frontiers.



CONTACT US FOR BOOKINGS OR FURTHER INFORMATION:

Websites:

- www.wildfrontiers.com
- www.ugandaexclusivecamps.com
- www.tanzaniawildernesscamps.com
- www.kilimanjaromarathon.com
- www.vicfallsmarathon.com

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JC/JAN19

Active Kisoro & Bwindi Gorilla Trek 2019